

#### **OPENING REFLECTIONS.**

As we reflect on 2024, I'm honored to look back on the meaningful journey we've taken together at Child & Family Services. This year's challenges brought us back to our roots—reminding us of the values established in 1870. Today, our mission remains clear: to ensure access, support, and healing for all.

Over the past year, our leadership team expanded our vision. Building on our legacy of "Building Better Lives," we embraced a deeper commitment: **"Supporting Today, Strengthening Tomorrow."** This principle guides everything we do—and you may wonder, how does it come to life?

In 2024, our dedicated teams across the Counseling Center, Sexual Assault Center, and Employee Wellness Center provided over 11,609 counseling sessions. Every conversation, workshop, and moment of advocacy has helped individuals and families heal, rebuild, and thrive. Our work is driven by compassion and a belief in recovery, hope, and resilience.

As CEO, my vision for the future is rooted in a promise: to serve anyone in need, regardless of age, circumstance, or ability to pay. It's more than a mission—it's a responsibility to our founders, our community, and to each other. While I'm proud of the free and sliding–scale services we offer, the real heart of our work is found in the stories of transformation—couples rediscovering connection, families navigating grief, survivors reclaiming their worth.

After decades serving this region, I can confidently say: our team is extraordinary. Their passion and skill drive real, lasting change. You can trust that we will continue to serve with care, competence, and a steadfast commitment to every life we touch.

It's my privilege to share this Annual Report—and the powerful stories of those we've helped in 2024.



Presiděnt / ceo



#### 2024 HIGHLIGHTS.

- Secured continued United Way funding for both The Counseling Center and the Sexual Assault Center for the 2025–2026 grant cycle.
- Partnered with Saginaw County Community Mental Health to help ensure uninterrupted services while expanding access for additional Medicaid recipients.
- Launched a new service track for VOCA clients within The Counseling Center, delivered by trauma-informed therapists—reducing wait times at the Sexual Assault Center and improving scheduling efficiency across both programs.
- Finalized the transition of SANE services in collaboration with Michigan Forensic Examiners, contributing to the development of dedicated community spaces for medical forensic care.
- Added two new Employee Wellness contracts, bringing the total number of Employee Assistance Program partnerships with local businesses to 23.
- Collaborated with Hope for Wellness to expand psychiatric service options for our adult clients receiving care.

## MESSAGE FROM OUR BOARD CHAIR.

"It is an honor to serve as Board Chair for Child and Family Service of Saginaw County, an organization with a legacy of compassion and care that has shaped our community since 1870. Each year, I am inspired by the tireless work of our staff, the resilience of the individuals and families we support, and the unwavering commitment of our partners and donors. Together, we are not only preserving a rich tradition of service to the Great Lakes Bay Region, we are also building hope and healing for future generations."

**BOARD CHAIR** 

## SUPPORTING TODAY

In 2024, our dedicated teams across the Counseling Center, Sexual Assault Center (SAC), and Employee Wellness Center (EWC) provided **11,609** counseling sessions:

- Counseling Center: 8,119 sessions
- Sexual Assault Center: 2,742 sessions
- Employee Wellness Center: 748 sessions

Each session, workshop, and debrief helped individuals and families move toward healing and resilience. From grief support to crisis intervention, our work continues to change lives every day.



## BY THE NUMBERS.

- 100% of clients reported improved ability to manage concerns
- 99% felt their lives improved with our services
- 99% would return if further support is needed
- 7,500+ employees were covered through EWC contract
- 24 EWC presentations, workshops, and debriefings delivered
- 528 victims received advocacy services (Legal and Victim Advocacy)
- 141 Crisis Calls were taken

## BUILDING RESILIENCE.

In 2024, the EWC played a vital role in strengthening community support through targeted programs and services. These include:

- 14 "Orientation to Services" presentations
- 6 wellness workshops
- 3 critical incident debriefings
- 1 mediation session

In SAC, 196 individuals received advocacy support through the STOP program, a partnership with the Saginaw Police Department, while 249 others accessed legal advocacy services. Although transitions in staffing impacted mid-year services, outreach and engagement remained strong.

### VOICES THAT INSPIRE.

Behind every success story is a committed, compassionate professional. This year, staff like Mollie Ferguson and Jodi Harwood exemplified the heart of our work. Featuring their stories, highlights the everyday heroes who create safe, healing spaces for our clients. Through their care, children and families found safety, hope, and the tools to thrive.



"Mollie is very knowledgeable about children's issues, and I know she will be of great help to my son during this time. He was very comfortable with her right from the start and enjoyed his session with her."



"Jodi is amazing. She is down to earth, friendly and caring. I feel like if we didn't already have a professional relationship, she is someone I would be friend personally. She listens and provides meaningful suggestions and feedback."

## HOPE IN MOTION.

At the heart of our mission lies the Hope Counseling Scholarship Fund - a vital bridge for individuals who otherwise could not afford the care they desperately need. This fund provides up to eight counseling sessions at no cost to clients facing financial hardship. Whether coping with trauma, navigating grief, or managing mental health conditions, the Hope Fund allows people to access expert care during their most vulnerable moments.

Our therapists advocate directly for clients in need, ensuring rapid access to this resource. The Hope Fund has supported community members in the aftermath of tragic events, such as local homicides, suicides, and unexpected losses, offering a path to healing when it's needed most.

#### DAVID'S STORY:

"When I started at Child & Family Services, I knew I needed counseling. As a survivor of childhood trauma, asking for help was hard. The Hope Fund supported me when I couldn't afford weekly therapy. A year later, I'm mentally and spiritually healthier, with new tools and hope. The Hope Fund changed my life."

Another client shared: "Returning to therapy during a low point in my life changed everything. With support, I rebuilt my marriage, left a toxic job, and began healing. Today, I'm starting a family and feel genuinely happy for the first time in years."

## FEEDBACK LIKE THIS KEEPS US GOING:

"This place has helped me deal with my emotions and everyone is super nice and kind."

"I am so thankful to be able to get therapy here. I was having the worst time and I've healed so much since I've started."

"Jane is so kind. She helps me find perspective while honoring my feelings. Her insights are helping my whole family heal."

"{Intake} was wonderful over the phone and in email." "Maggie has helped me in my everyday life to become a better person, father, boss, and friend. Very easy to talk to."

> "The front desk is always sweet and helpful!"

"Anne has been a positive influence for me and has provided the services and guidance I was hoping for."

"Mishelle has been absolutely amazing from day one! She makes me feel seen and heard."



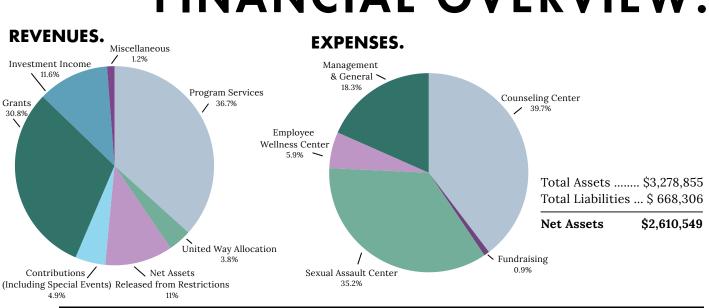
# STRENGTHENING TOMORROW.

At Child & Family Services, tomorrow isn't something we wait for - it's something we build. Our 2025 - 2027 Strategic Plan charts a bold path forward:

- Expanding and diversifying counseling services to meet new and growing community needs.
- **Strengthening support for survivors**, streamlining care through trauma-informed, culturally competent partnerships.
- **Investing in our workforce** by recruiting and retaining exceptional therapists.
- **Improving financial sustainability**, enhancing donor engagement, and simplifying fundraising operations.
- **Deepening access** through expanded sliding-scale fees, scholarship support via The Hope Fund, and increased grant opportunities.

We remain committed to a future where cost is never a barrier to healing.

### FINANCIAL OVERVIEW.



#### FUND DEVELOPMENT.

Thank you! Through the support of our generous donors, community partners, and volunteers, we are transforming lives every day. Your contributions make it possible to provide compassionate, life-changing mental health services—from crisis response to trauma-informed counseling and long-term emotional healing. Together, we are Building Better Lives—restoring hope and walking alongside individuals and families on their journey toward healing and personal growth.

	FUNDRAISING
Agency Fundraisers	\$58,679.96
Third Party Fundraisers	\$9, 460.70
General Outreach Donations	\$14,923.81
Annual Appeals	\$17,956.48
TOTAL	\$101,020.95

	GRANTS
SVSU Sub Grant - Donations	\$15,824.94
Grants Written	\$55,178.55
TOTAL	\$71,003.49











# GRATITUDE IN ACTION.

Thank you to our community partners, donors, volunteers, and staff. Your support empowers every life we touch. As we look to the future, we invite you to continue this journey with us.

Together, we are **Supporting Today**, **Strengthening Tomorrow**.

#### OUR DONORS.

Please know how grateful we are that you have supported our agency's efforts to "Build Better Lives". Our dedicated work to make an impact is encouraged when we feel the support of those around us. Together, we believe we have the means to go beyond recognition of need and be a part of the solution in our community, both now and in the years to come.

#### INDIVIDUAL DONORS

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