



The Counseling Center offers outpatient therapy services to children, teens, adults and couples dealing with mental health and life issues such as depression, anxiety, stress, grief and relationship concerns. Our therapists work to supportively empower their clients, providing restoration and hope in often the very darkest hours of their lives.

The Counseling Center Director, Gina Latty, LMSW, states "The therapists take great pride in their work; their client's emotional well-being is very important to them."



Employee Wellness Center is an employee assistance program (EAP) that contracts with local businesses to ensure their employees and family members receive emotional health support through counseling and coaching. We also offer our contracts the opportunity for presentations, debriefings, trainings and information to meet the needs of their staff.

Employee Wellness Center Director Nicole Marinelli, LPC, states "With the EWC, we have the opportunity to make a noticeable impact on the local business community and improve employer/employee well-being."



Sexual Assault Center assures that victims of sexual violence receive free and confidential crisis services, counseling, legal advocacy, forensic nurse examinations, resource support and identification. Our skilled and caring clinicians partner with victims of all ages and their families as they move towards healing from the unimaginable trauma they have suffered.

Sexual Assault Center Director, Annie Coker, LMSW, states "The Sexual Assault Center staff are passionate about having services available for survivors of sexual trauma at any point."



our passion.

Child & Family Services has been able to historically and currently be there to help....a mother overwhelmed with shock and grief after the loss of her only child...a college student reeling in anxiety and distress after the suicide of someone close...an employee so distraught she is unable to perform at work... a couple whose marriage was without hope and headed on the path of divorce...and a small child suffering as a victim of unspeakable sexual abuse. Our experienced clinicians and staff are committed to the well-being of our clients and our community, skillfully intervening with therapy, advocacy and support that has made the difference for those they serve.

our reach.

the counseling center

- 956 Clients Served
- **11,985** Counseling Sessions Provided
 - 1,218 Intakes Scheduled
 - **85%** Clients Engaged In Counseling Services Beyond 3 Sessions
 - **14** Sessions Is The Average Number of Sessions Clients Engage In Counseling To Improve Emotional Health



employee wellness center

- **24** Contracts
- 6,403 Employees Covered
 - **519** Counseling Sessions Provided
 - **211** Employees/Family Members Received Counseling through EWC
 - **17** Number Of Trainings, Workshops & Debriefings



sexual assautt center

- **206** Clients Served
- **3,346** Counseling Sessions Provided
 - **226** Legal Advocacy Provided To Victims And Family Members
 - **29** Sexual Assault Forensic Exams by SANE Nurses
 - **56** Victim Advocate Responses
 - **147** Crisis Calls



our impact.

- **97%** of clients felt that the services they received at C&FS helped them deal more effectively with their concerns.
- 99% of clients said their lives have improved since they began receiving counseling.
- **98%** of clients said they would return to C&FS if they needed further counseling.

our year.



Coming on board with Child & Family Services in May of 2O21, I am thrilled to have the opportunity to talk about the both challenging and pivotal 2O21 year.

Looking back, there have been a number of exciting efforts that have continued to move Child & Family Services forward and in line with our mission. From the transition of our leadership, to the sale of a donated building, efforts to enhance our clinician's expertise and build new community partnerships, Child & Family Services has maintained our passionate vision to "Build Better Lives."

We have continued to see growth in the demand in our region for our services. If the pandemic has revealed anything, it has become clear the area of mental health cannot continue to be ignored. In 2O2I, in addition to face to face therapy sessions, we remain able to offer phone and virtual therapy options. Challenges such as transportation, scheduling issues and child care no longer hinder the ability to serve our clients wherever they are.

Child & Family Services believes it vital we offer the benefit of services not only 'in house' but in our community as well. While already positioned with services in the Saginaw City Police Department, the courts, and in Freeland schools, we have recently begun partnering with the CAN Council at their location, collaboratively working to capture clients in need of ongoing therapy and support. We are happy to work as a community, encouraging mental health services in venues which reduce barriers and are relevant to the needs among us.

Looking ahead for 2O22, expansion of services to meet the critical need for substance abuse counseling is on Child & Family Service's agenda. We also are excited to market the evidence-based therapeutic skills in EFT, Motivational Interviewing and EMDR that our competent, compassionate clinicians have to offer their clients, beyond traditional talk therapy.

Whether we are working in our gorgeous facility or outside in our beloved community, we are focused on how we can best meet the needs around us. I would be thrilled to have the opportunity to talk with anyone interested in touring our agency, learning more about our services, or meeting our staff. Please give us a call or just stop by! Best,

our help.

- "I owe my life to Child & Family Services. I wouldn't be alive today without them!"
- "Jodi is amazing and has given me so many tools to help me make some extremely tough and life changing decisions...And I am so grateful for her."
- "My treatment has improved my quality of life dramatically. I'm able to cope a lot easier with my trauma, and it is all thanks to this program. I'm incredibly grateful to receive treatment here, and I'm excited to see how much I'm capable of improving in the future with the help of my excellent counselor (Mishelle)."
- "Sheila she is at the front desk, and she always talks to me and jokes."
- "Nicole has helped me so much with my anxiety both in and out of work."
- "Just thanks for SAC of Saginaw. It has been such a life changing, positive program, and the free access makes it affordable and doable. Thanks again!"
- "Mollie listens and was supportive...she's never been dismissive!"

vision statement.

Building Better Lives . . .

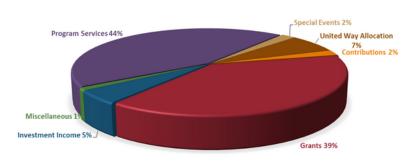
for individuals and families as the leading resource for emotional recovery and well-being.

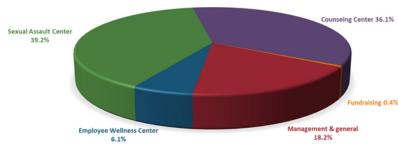
our finances.

2021

REVENUES

EXPENSES





\$4.022.804 Total Liabilities \$102,345

NET ASSETS \$3,920,459

our donors.

Please know how grateful we are that you have supported our agency's efforts to "Build Better Lives." Our dedicated work to make an impact is encouraged when we feel the support of those around us. Together, we believe we have the means to go beyond recognition of need and be a part of the solution in our community, both now and in the years to come.

Individuals

Tracy Aldrich Carolyn Blasius Baldwin Sharon Barb Angela Barris Alexandra Baudoux Susanne Beilfuss Traci Belt Kelli Benner James Bickel Joyce Bierlein Jaye Blakely Poppy Laine Blasch Jodie Bow Kristina Brooks Kathryn Brooks Adrienne Coker Cherie Coopersmith Ashley Corwin Laura Cosier Kristina Crapo Audra Davis Justin Dean Pamela Dean Jacob Deloge Brian Dixon Suzanne Dole Leandro Estrada Vicki Fitak David Friebe Taylor Fris Jennifer Gebauer Lonnie Gilmore Dawn Grauf Cheryl Grauf Megan Gregory Jayme Grzegorczyk Anne Guerriero Christine Haner Jennifer Hatch Janice Hauck Brook Hegler Taylor Huebler-Davis Samantha Huebler-Davis Cristie Wineland

Lisa Jenkins Jacob Jones Dalton Kaul Terry Keyser Kelly Klammer Kristin Knoll Mark Kraynak Steven Lamb Michelle Leavitt Stanley Leavitt Michelle LeBlanc Rebekah Lemon Louann Lerche Callie Losinski Alexandria Martinez Catherine Martinez Jeremy Mathy Steve Mays Heidi McÉwen Mari McKenzie Traci Moon William Mulders, Jr. L. Alan Mumaw Betty Nagel-Cribbins Eric Neumeyer Kim Norris Peggy O'Neil Robert Paetz Travis Pashak David Puskar Callie Raymond Sara Rivette Kelli Schiebner Edwin Spence III Melissa Stantz Matthew Stedry Charles Stuart Vanessa Sutton Jaclyn Taylor Heidi Terbrack Alison VanNorman Geraldine VanSickle Karen Vargas BreAnna Villaire Alea Wass

Denim Day Participant Employees

Andersen Eye Associates City of Saginaw COPOCO Community Credit Union Covenant HealthCare **Duperon Corporation** Emil Rummel Agency, Inc. Family Eye Care Center PC Family First Credit Union Garber Automotive Great Lakes Bay Health Center Health Advantage Credit Union Isabella Bank Jolt Federal Credit Union Merrill Park Elementary School My Member Insurance Agency Saginaw Charter Township Saginaw ISD Transition Center Saginaw Valley State University Swan Valley Middle School Wildfire Credit Union

Sponsor/Donors

Ist State Bank A&D Home Health Care, Inc Art Sample Furniture Ascension St. Mary's Braun Kendrick Bronner's CHRISTmas Wonderland **CBM Services** Century 21 Signature Reality CMU Health Comfort Inn Bay City Riverfront Consumers Energy Covenant HealthCare Covenant Medical Staff Crossroads Title Cumulus **Diversified Physical Therapy Specialists** DTE Energy Duperon Corporation Elga Credit Union Family First Credit Union Frankenmuth Credit Union

Frankenmuth Jaycees Garber Automotive Glastender, Inc. Goodwill Industries of Mid-Michigan Health Advantage Credit Union Health Alliance Plan (HAP) Holy Spirit Parish I.T.I. Independent Bank Jet's Pizza Legacy Aviation Mid-Michigan McIntosh & Associates Meijer #43 Mercantile Bank Michigan Sugar Company Molina Health Care Network for Good Oriental Trading Company Pat's Food Center Patton Wings Pierce Road Bar & Grill Police Chiefs Association of Saginaw County

Real Estate One Great Lakes Bay Reimers Appraisal Company Saginaw Correctional Facility-Prison

Saginaw County Chamber of Commerce Saginaw Exchange Club Saginaw Spirit Hockey Saginaw Valley State University- RAD Program Sam's Club-Walmart Facility #6663 SC Johnson & Sons, Inc. Serra Saginaw Shred Experts, LLC Slo' Bones BBQ Smokehaus Spence Brothers Stardust Lanes Team One Credit Union Tri-Star Trust Bank United Church of Christ Midland United Way of Midland County Village Glass Works W.L. Case & Co Funeral Directors

Walmart Facility #2644- Brockway Walmart Facility #5097- Bay Road Wildfire Credit Union Wobig Construction Company, Inc. Yeo & Yeo CPA's and Business Consultants Your Healthy Balance

Foundations

Alden & Vada Dow Fnd. Harvey Memorial Fdn. Robert E. Stark & Martin H. Stark Fdn. Fund Yeo Family Fdn.

Memorial/Honoriams

Daniel Devine in Honor of Jesse Donahue & Andrzej Malek Michael Hahn in Honor of Betty Nagel-Cribbins Rvan Iles in Memory of Douglas Iles Dr. John Llewelyn in Memory of Pamela Mays Leo Romo in Honor of Pam Blondin & Harry Lenhart James Spence III in Memory of James Spence, Jr

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