

Child & Family Services of Saginaw County

THINGS TO KNOW ABOUT OUR DOCTORS

1. Our Doctors are here approximately 15 hours per month. They are fully licensed and Board Certified physicians, named Psychiatrists, who specialize in treating people who are having troubles with their moods and/or thoughts.
2. The Doctor will need to know all of the medicines you are currently taking.
3. If a medicine you are trying makes you feel sick or confused, your body may just be trying to adjust to something new.
4. If you feel sick or confused, stop taking the medicine immediately and call our office.
5. If this happens when the agency is closed and you feel too sick to wait, you can go to an urgent care facility if you believe you should be seen immediately.
6. Due to the limited hours the doctors are contracted for our clients, we must insist that **anyone who sees our doctors is keeping regular therapy appointments with their therapist**. Anyone who has not seen their therapist within thirty (30) days may not be allowed to see the doctor. If you no show for your doctor appointment you will need clearance by a supervisor to be rescheduled with the doctor. Your therapist will be your liaison with our doctor.
7. If medication becomes your primary need or if your prescription is working well for you and you no longer require a psychiatrist's monitoring, you will be referred back to your family doctor.
8. If you have any questions about visits with the Doctor, your therapist will work with you to clarify those questions.

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